



President's Notes

At our May meeting, we elected our new Vice President, Sandy Dunning, and Treasurer, Robin Rippeon. Thanks to them both for taking on (and in Robin's case, continuing) these important roles! Sandy and Stella Penalver are co-chairing the Program's Committee and already getting speakers in place for 2023!



If you saw our May speaker, Julia Graves, I wonder if you are noticing colors in new ways like I am. I have a quilt hanging that has yellow in it and the yellow disappears next to the white background. Julia's explanations and examples will help me make better color decisions in future. This month we are thrilled to welcome Geraldine Wilkins. We've had her booked for two years and had to skip both due to Covid, so hopefully the third time is the charm! She is an amazing quilter who will share her techniques for free-motion quilting.

We have a virtual Board meeting on June 2nd and all are welcome to attend—an agenda and zoom link was emailed to all members.

I am having shoulder surgery in early June and Sandy has agreed to lead the June meeting. Remember that we are taking a meeting break in July. Enjoy your summer activities!

Happy quilting,
Fran



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June 2022 Newsletter

Next Meeting: **2nd Thursday each Month**
Thursday June 9, 2022

Guild Meetings:

Second Thursday of the Month
6:15pm Social Time
6:45pm Meeting Begins

Delaplaine Visual Arts Center
40 South Carroll Street
Frederick, MD 21701

OFFICERS

President: Fran Scher
Vice-President: Sandy Dunning
Secretary: Linda McNey
Treasurer: Robin Rippeon

CONTACTS

BOM: Kathy Shankle
Challenge: Brenda Barnhardt
Comm Service: Kay Rice
Facebook Adm: Karen Smith
Instagram Adm: Jessica Halpin
Membership: Darlene Morris & Sandy Dunning
Last Chance Stash: Mary Pauley
Newsletter: Brenda Barnhardt
Mkt'g/Fundraising: Danita Frisby
PayPal Adm: Sandy Dunning
Public Relations: Becky Lyon
Programs: Sandy Dunning & Stella Penalver
Quilt Show: Joan Watkins
Refreshments: Linda Beavers
Sunshine: Olga Schriche
Website Adm: Fran Scher
Workshop Listings: Marty Simmons
Zoom Coord.: Sandy Dunning

For contact information, go to the Member Directory on the guild's website.

NOTE: Articles for the newsletter are due on the 25th of each month. Send to Brenda Barnhardt. Thank you.



NOTICE: The June 2nd Board of Directors Meeting will be held via Zoom. All members are invited to participate. Contact Fran if you didn't receive a meeting link.



Clustered Spires Quilt Guild
Meeting Minutes
May 12, 2022

Meeting was called to order by Fran Scher, President, at 6:45pm.

There were 36 members in attendance.

Margaret Minton of the Faithful Circle Quilters, Mt. Airy, MD brought her guild's raffle quilt, "Starlit Garden." Their quilt show, "Garden Party", will be held May 19-21 at the First Presbyterian Church of Howard County, Columbia, MD.

Two recent members were introduced: Jill Williams (March), new to Frederick, retired and quilting; and Glenda Dura (May) from Poolesville.

The minutes of the April 14th meeting were approved as published.

Amendments to our Bylaws: combining committees with similar functions to give us 9 total committees, and optional appointment of 2 at-large positions to serve terms on the Board of Directors, was approved following a motion by Nancy Speck and seconded by Helen Wasserman.

Fran thanked Kathy Shankle for serving as Vice President. Fran presented nominees for Vice President - Sandy Dunning, and for Treasurer - Robin Rippeon. Following a vote by acclamation, both were approved.

Our guild was founded on May 7, 2001 and our 21st anniversary was celebrated at this meeting with "fabric" cupcakes made by Mary Pauley, and machine cleaners made by Sandy Dunning and Stella Penalver as favors for members.

Fran acknowledged three founding guild members: Kathy Shankle, Olga Schrichte and Bernice Huff in attendance. Sandy asked for volunteers for the welcome desk, and to be a new member buddy. A sign up chart is at the welcome desk.

As interest and members of our Sew InSpired Bee has grown, Mary Pauley asked if there was any interest in starting a new Bee, and passed a sign-up sheet around for interested members.

Kay Rice asked anyone interested in making a quilt for the veterans in hospice to please sign up. Kay also said she brought quilt tops donated by a Hagerstown guild member that could be finished for veterans. Kay pointed out the fabrics on the Community Table she brought in from Madeline's Shop would be donated to the Senior Citizen's craft room if not taken for a service project tonight.

Fran thanked Becky Lyon and Olga for their work on the Fidget Mat article in the Frederick Post.

Danita Frisby announced a meeting of the Fundraising Committee at her house on May24th. She needs help, please.

Our speaker, Julia Graves, presented an interesting exploration of color and how it emphasizes our fabric selection in our quilts, and pleases the eye. Julia is a quilter, teacher, artist and longarmer who entertained and educated us on how to use our color selections in combination with the color characteristics of intensity, value, perspective, and clarity to make our quilts sparkle. Julia's program was emphasized by the lovely quilt examples she showed throughout her presentation.



Meeting Minutes - May 12, 2022 (Continued)

Stella Penalver demonstrated how to make Design Boards as an aid in keeping our blocks organized as we construct. The 10, 12, or 14" foam core boards she used have batting glued onto the surface and then the edges are bound by a 2-1/2" strip of WOF folded and glued. Stella referenced Laurie Holt's YouTube presentation. Stella also donated two boards as door prizes.

Show & Tell was followed by the door prize drawings. Danita won the sewing themed panel and Brenda Barnhardt won the Moda Charm Pack.

The Design Boards were won by Susan Gnatt and Linda Beavers.

Fran reminded that the next Board of Directors meeting is June 2nd and will be in-person. [*Editor's note: the meeting was changed to be via Zoom.*] Our June speaker is Geraldine Wilkins who will help us eliminate frustration in free motion quilting. There will be no July meeting as several members attend MAQ.

Meeting adjourned at 8:45pm.

Respectfully submitted,
Linda McNey, Secretary



Program Committee

There have been some changes to the membership of the Program Committee. Stella Penalver and I are co-chairing the committee. Thanks to Linda Beavers who has agreed to join the committee. Her input will be especially helpful whenever we decide to have refreshments or food for a special celebration. Becky Lyon is rotating off so that she can devote more time to her other guild commitments. Thanks to Becky for her work on the Committee. Appreciation is extended to our other members: Mary Pauley, Fran Scher, Frances Shearer, Marty Simmons, and Karen Smith.

This month we have begun work on vetting various quilters and programs for the 2023 year. We have developed a list of ideas and requests from the guild membership regarding the kinds of offerings members hope to have. We have also considered other options through recommendations from quilters in our communities and by searching the Global Quilt Connection. We have begun choosing our desired candidates and determining which of our monthly meeting dates might be available to them. After this we will begin extending invitations to the quilters. If you have any recommendations, please forward the information to one of the committee members.

Our June Program will feature well respected quilter, Geraldine Wilkins. Her lecture is entitled, "From Frustration to Fabulous - Taking the Fear Out of Free-Motion Quilting." Our own member, Olga Schrichte, has worked with her and will help coordinate her visit to us on June 2 at The Delaplaine Visual Arts Center. I, for one, am looking forward to her lecture - no one has more fear of free motion quilting than me!

Sandy Dunning, Co-Chair





COMMUNITY SERVICE

FREDERICK HEALTH HOSPITAL – VETERANS IN HOSPICE CARE – Liaison, Kay Rice
VETERAN LAP QUILTS: Goal: 40

Needed to Reach Goal: 17

DELIVERY: I will make a delivery of veteran quilts when I have 15.

Thank you to everyone who selected quilt tops and fabric from the Community Service table in May. We had 11 sign ups to make veterans' quilts. Thank you! If you are making one or more, even if you do not know when you will have it finished, please note it on the Google tracking sheet:

<https://docs.google.com/spreadsheets/d/1NP5qwi4Y7Ds2e2MaBcgqHUwxCdZWIk1GXRAW8wO3jsc/edit?usp=sharing>

Please create quilts using assorted colors rather than making it red, white, and blue. Please incorporate the veteran label in your quilt design on the front and place the CSQG label on the back, sewing it on all four sides. See instructions below on how to prepare your quilt for drop off.

DROP-OFF @ MONTHLY MEETING: It is helpful if you follow the check list below before dropping your quilt off at the CS table:

Please be sure you have attached the veteran label on the front and the guild label on the back.

Please fold and tie your quilt with ribbon or yarn so that is ready for delivery.

Please place your quilt in a bag and put your name on the outside of the bag.

Place your donation on the CS table and use the sign in log to show your quilt as delivered.

The Madeline Shoppe: Look for the Madeline Shoppe on the Community Service table again in June. Each month leftover fabrics will be donated to the Frederick Senior Citizens Center for their quilt room.

Kay Rice, Chairperson

Ricecrispy1@comcast.net

Home: 301-662-2104

The Community Services Committee: Brenda Barnhardt, Sandy Dunning, Danita Frisby, Jessica Halpin, Pat James, Kay Rice, Fran Scher, Barbara Scuderi, Kathy Shankle, Marty Simmons, Marcia Walker

BLOCK OF THE MONTH – JUNE

Hello Ladies! For June's block we are going to do something different. Paper Piecing! Don't back away, you can do this. June's block is [Stripes A Spinning](#) and is located at quilterscache.com. It is a simple block and as you can see with mine, color placement can really make a difference. Hope you enjoy this block. Any questions, please don't hesitate to contact me.

Enjoy!

Kathy Shankle, Chair





December 2022 Quilt Exhibit at the Delaplaine



Our theme will be "The Colors of Our World." Thank you, Sandy Dunning, for your suggestion!

We will start accepting entries in August.

Last year's log cabin challenge, this year's rainbow challenge, and other quilts made since the 2020 show will be featured.

The quilts will be hung (yes, they will need sleeves!) November 29 and remain on display until the end of December.

Joan Watkins

joanspatches@gmail.com

301-461-0348 (cell phone—can text or leave message)

MEMBERSHIP REPORT

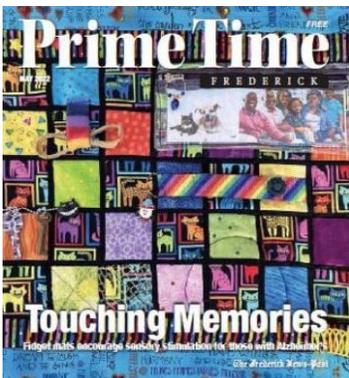
Total Members: 58, Renewals: 1

Membership cards were handed out at the last meeting. If you were not there, you can pick up your cards at the next meeting. For new members who have not completed our membership form, please pick one up at the meeting or go to our guild website and fill one out.



We have a new member, Glenda Dura. She has been quilting over 30 years and tells us: "I moved to Poolesville, Maryland in 1989 which is when I started quilting. I joined the Village Piece-makers where I am still a member. I moved to Frederick 6 years ago and thought it was time for me to join a local group." Glenda says her quilting interests and what she'd like to learn or improve are: "I enjoy the entire process. I do my own quilting either by hand or on my long arm machine. With no computer!! That would take the process from fun to frustrating for me." Welcome Glenda!

Sandy Dunning and Darlene Morris, Co-chairs



In case you missed it, we were featured in the Prime Time insert in the Frederick NewsPost recently thanks to Becky Lyon.

Our community service project on fidget mats was published in the April 27, 2022 edition. Here's is a link:

https://www.fredericknewspost.com/news/arts_and_entertainment/fidget-mats-encourage-fine-motor-skills-sensory-stimulation-for-those-with-alzheimer-s/article_595d1270-2856-5c24-9db8-5c8342289e8e.html?utm_medium=social&utm_source=email&utm_campaign=user-share



For our new members and a reminder to others, we do a guild challenge every year that everyone's encouraged to accept:

2022 CLUSTERED SPIRES QUILT CHALLENGE



The rainbow is one of the most beautiful, naturally occurring phenomena in nature. Scientifically speaking, rainbows appear in the sky when sunlight enters raindrops, causing dispersion and refraction of the light. But rainbows symbolize so much more than just a scientific anomaly.

Rainbows hold deep meaning and significance to the individuals who discover them. People who have suffered a great personal loss, for example, are often deeply and profoundly impacted when they spot a rainbow, especially on an important day or at the time when they need to know they haven't been forgotten.

Seven Colors of the Rainbow and their Meanings

Red

Red is the color at the top of the rainbow, it has the longest wavelength. It's linked to vitality, passion and lust. It's a physical and high energy color that can sometimes turn to anger and aggression. Red is the color of the Angel Uriel, who represents Energy.

Red is associated with: Physical energy Passion Aggression Security

Orange

Orange is a mix of yellow and red, it's energetic like red, however it also encourages mental energy as well as physical.

Orange has connections to: Fun & Enjoyment Creativity Exploring

Yellow

Yellow is created in light by a mixture of the colors red and green. Yellow is the color of the sun, warmth and energy. With its connections to the sun, it is life giving and creating. Yellow is the color of the Angel Jophiel, who represents Wisdom.

Yellow has connections to: Happiness Communication Clear & Analytical thinking

Green

Green is the color of nature and growth. It's the color of plant life, trees and grass which so much other life relies on to survive. Green is the color of the Angel Gabriel, who represents Revelation.

Green promotes and associates with: Health Nature Growth Wealth

Blue

Blue is the color of the ocean and the sky, it's spiritual, peace inspiring, relaxing and promotes trust. Blue is the color of the Angel Micheal, leader of the angels.

Blue has the following influences and associations: Calming Peaceful Knowledge Communication

Indigo

Indigo is a mix of dark blue and purple, it's the color of the sky at midnight. It encourages deep thinking and a deeper more complex understanding of ourselves.

Indigo has connections to: Spiritualism Mysteriousness Inward thinking

Violet

Violet is created from the colors blue and red. It's basically a lighter shade of purple and it shares many of the same traits. It's an attractive, feminine and mysterious color.

Violet is associated with: Mystery Imagination & Creativity Royalty Luxury

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Seven Colors of the Rainbow and their Meanings (Continued)

Challenge rules of the game:

1. Your completed entry must include all of the 7 colors in a rainbow listed above. You can add other colors and values. They don't have to be solid fabrics – they can be tone-on-tone or a print with the color(s) included.
2. It has to have **3 layers** (top, batting, and backing) with **some quilting**. If you want to add *more* layers of any material or size, that's fine.

That's it! We're planning on featuring the entries at the CSQG quilt show at the Delaplaine December this year.

Prizes: First place (valued at \$75), second (\$50) and third (\$25) will be awarded at the October meeting with the members voting. Have fun!!!

Brenda Barnhardt, Chair

Meeting Photos: Tips & Tricks: Stella Penalver shared a tip for making a fabric covered board to lay your pattern pieces on that will keep them from getting mixed up or ending up on the floor (wee instructions below). Stella also made a "Happy Birthday" fabric sign for the meeting.



Lori Holt's Design Board Tutorial with Fat Quarter Shop

These instructions are from Lori Holt of Bee in my Bonnet-Fat Quarter Shop. If you want to make your own design boards, read on to get started.

Supplies needed:

- Foam Core Board (20" x 30")
- Batting
- Creative Grids Ruler (must be at least 24.5" in length)
- Rotary Cutter
- X-acto Knife
- Scissors
- Glue Gun
- Clover Wonder Clips
- Thread
- 1/4 yard of your favorite fabric

Step 1: Take your foam core board (20" x 30") and cut a 20" x 10" piece with your X-acto knife and Creative Grids Ruler. You can get 6 — 10" x 10" squares.



Lori Holt's Design Board Tutorial (Continued)

- Step 2:** Turn your foam core board onto it's long side and line up your ruler on the 10" mark.
- Step 3:** Cut a 10" x 10" square with your X-acto Knife
- Step 4:** Cut your batting to the exact size of your foam core board (in this case 10" x 10") and get your glue gun hot and ready!
- Step 5:** Starting from one corner, place a line of glue on the board. Since the hot glue dries quickly, glue one side of the batting at a time. Tip: Don't place the glue on all sides at once
- Step 6:** Continue until all of your sides are glued down. You will only need to apply batting on one side of your foam core board.
- Step 7:** Now you're ready to cut your binding. Take your 1/4 yard of fabric and cut one — 2.5" x width of fabric strip.
- Step 8:** Iron your strip flat with lots of steam.
- Step 9:** Fold both edges of the binding strip in so that the edges touch and press.
- Step 10:** Fold edges to meet on center line and press. Your binding strip is now ready to stitch.
- Step 11:** Line up your binding strip so that the fold is in the center of the needle. Use a zig zag stitch to stitch over the raw edges (don't forget to back stitch at the beginning and the end to secure the seam)
- Step 12:** After you've sewn your binding strip, it's time to attach it to your foam core. With raw edges of the binding strip facing the foam core board, clip your binding strip in place with your Clover wonder clips.
- Step 13:** Leaving a 2" tail, hot glue your binding strip to the foam core board. Start in the middle of your foam core and center zig zag stitch on strip of fabric on edge of board. Glue a small area at a time.
- Step 14:** Don't glue the whole binding strip down, instead leave a 2" opening on the foam core board.
- Step 15:** Now it's time to glue the edges down of your binding strip. Starting on the front (batting side up), glue down your fabric a few inches at a time and finger press onto your batting. Continue until you reach the opening. Don't forget to do the back (foam core side up) as well!
- Step 16:** Trim the ends of the binding strip so that they overlap about 1". Glue one end of the binding strip to the foam core board. Take the other end of the binding strip and fold it under 1/2" and then apply a small dot of glue to keep it in place (this makes for a finished edge).
- Step 17:** Now take your binding strip end and glue it down to your foam core board.
- Step 18:** TA-DAH! and now we are done!

If you still need a little help assembling your Design boards, there are two "YouTube" video tutorials listed below:

["How to Make Lori Holt's Quilt Block Design Board-Fat Quarter Shop"](#)

["Bee in My Bonnet Design Board Tutorial"](#)

Submitted by Stella Penalver





Show & Tell Photos (Continued)... Olga Schrichte brought a ten year old UFO from her Texture Magic days. She stuffed the fish to get a trapunto effect and also incorporated lace. Her second piece included piecing and digital quilting patterns to build skills on using the digital quilting on her long arm. She used wool batting to get that extra pop of texture.

Denise Wagenaar shared a stunning art quilt from a challenge in Cape Town. The theme was trees and made around the time of the Sandy Hook tragedy. The gray landscape of barren trees represented the devastation, while the beautiful array of colors flowing from the top represented the hope. The "shiny" areas in the trees were made using Angelina Sparkle Fiber.



Below, Nancy Speck showed a lovely extra quilt for the Afghan project that she did not finish in time for the last delivery but will go to one of our future Community Service donations. She also shared a colorful wall hanging made from all the 5" squares she received from the guild while recovering from her back surgery, and the background is a yard of red fabric someone sent as well.

At right, this amazing quilt was from Charlotte's Quilt Cottage brown bag mystery, last year's edition, made by Kathy Shankle. She enjoyed it very much and is doing it again this year! A friend from another guild quilted it.





Show & Tell Photos (Continued)... Trish Bodine made her Show and Tell for a friend of her daughter's who had come for Thanksgiving and admired her quilts. Trish asked about her favorite colors she had a lot of blues and grays in her home, but when making it Trish felt it was missing something and found she liked orange as well. She went out and bought a beautiful fabric for the backing that became the inspiration for the palette for the top as well.

Susan Gnatt's quilt is a pattern called "Summer House" by Judy Neimeyer. Susan works at Charlotte's and walked by this pattern for a long time and had wanted to make it for a while. She used a stack of French General fabric she used exclusively, even for the back. She quilted it on her longarm and the house has a little "welcome" quilted onto it!

Joan Watkins's gorgeous peach quilt was made from a quilt-along and while she enjoyed it, she said she may have pieced some of the blocks differently than they did. She wanted a quick finish so had it longarmed.



2022 CALENDAR OF EVENTS			
June 2	CSQG Quarterly Board Meeting via Zoom		
June 9	CSQG Meeting - Geraldine Wilkins - Lecture: From Frustration to Fabulous - Taking the Fear out of Free-Motion Quilting		
July 14	No meeting due to MAQ		
July 14 - 17	Mid-Appalachian Quilters Seminar		www.maqonline.org
August 11	CSQG Meeting - Lenny Truitt - Lecture: Feedsacks		
September 1	CSQG Quarterly Board Meeting		
September 8	CSQG Meeting - Mary Mahoney - Quilted Homes Demo		thetelltaleartist.com
September 9	Workshop - Mary Mahoney: Quilted Homes, Half Day		thetelltaleartist.com
September 15 - 18	Pennsylvania National Quilt Extravaganza @ Oaks, PA http://www.quiltfest.com/upcoming-shows-and-events/pennsylvania-national-quilt-extravaganza/		
September 29 - October 1	Original Sewing & Quilt Expo @ Fredericksburg, VA		sewingexpo.com
October 13	CSQG Meeting - Guild Challenge		
November 3	CSQG Quarterly Board Meeting		
November 10	CSQG Meeting - Community Service Presentation		
December 8	CSQG Meeting - Holiday Banquet		

Check out <https://ronatheribbiter.com/2022-quilt-shows> for listings out of the area per Marty Simmons.

Updated 4/30/22

The Common Thread is published monthly by the Clustered Spires Quilt Guild of Frederick, MD. Subscription to the newsletter is included in the annual membership fee. Articles must be submitted to the newsletter editor by the 25th of each month by postal mail, e-mail or written message given at the quilt guild meeting. The newsletter is posted on the guild's website on the 1st of the month.

Newsletter Editor: Brenda Barnhardt
Website: www.clusteredspiresquiltguild.org

