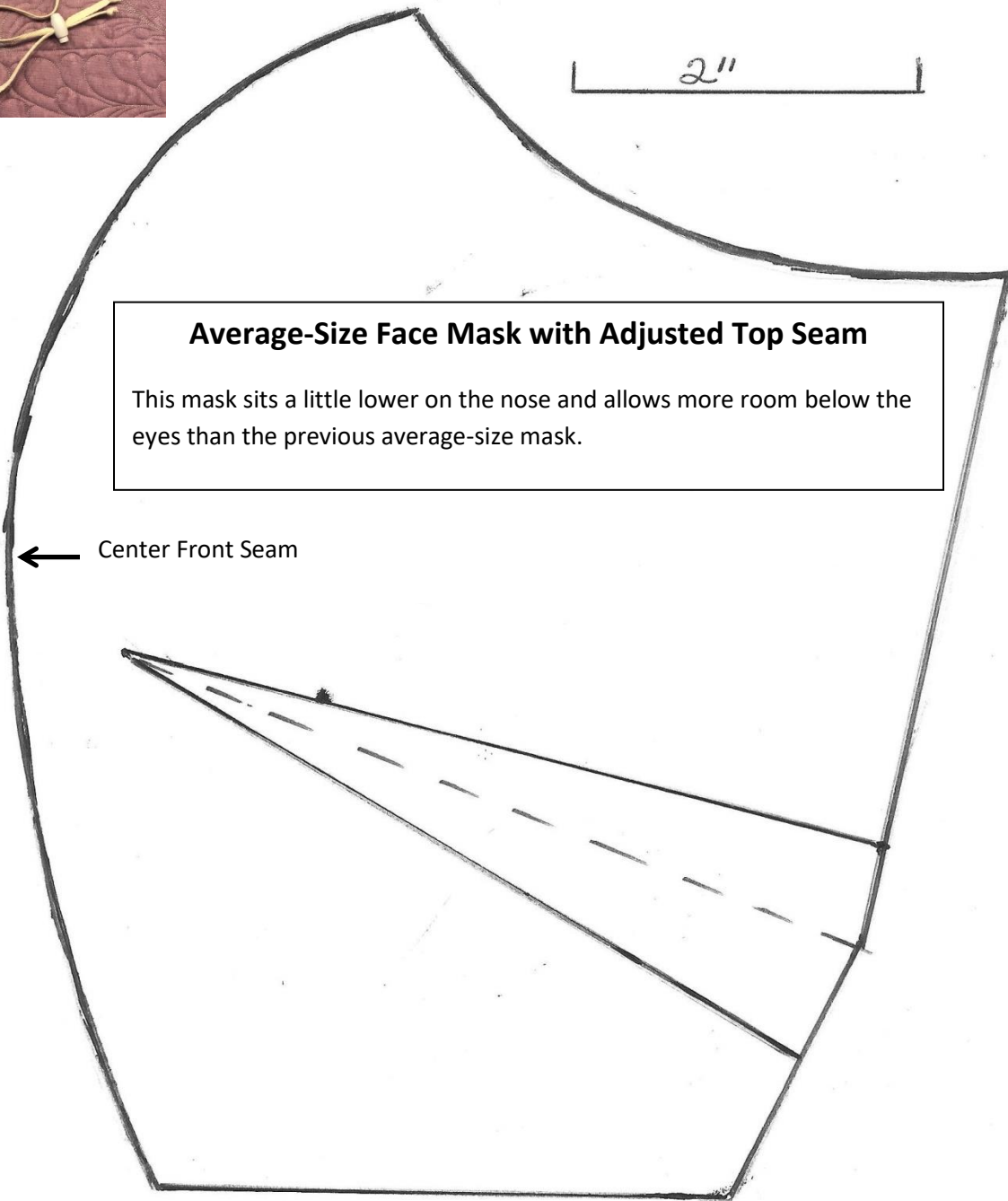




## Reversible Average-Size Face Mask with Adjusted Top Seam



## Reversible Average-Size Face Mask for Friends and Family

### Directions

1. I recommend you cut the pattern out of freezer paper if you have it, otherwise use regular paper and pins.
2. Press the shiny side of freezer paper to the wrong side of 2 pieces of fabric for the outside of the mask. Cut out the 2 pieces. Before removing the pattern, mark the ends of the pleat by making tiny snips, no more than 1/16" in from the raw edge. (This looks like a dart, but it's a pleat. Do not sew on the solid lines!)
3. Repeat with 2 pieces of fabric for the lining.
4. Stitch center seam of outside fabric (RST), and press. Either clip seam allowance or pink this edge starting and stopping 1/2" from the ends.
5. Stitch center seam of lining fabric (RST), and press. Either clip seam allowance or pink this edge starting and stopping 1/2" from the ends.
6. Place outside of mask with the right side facing you. Fold down the diagonal pleat on one side of the outside fabric. To do this easily, pinch the top pleat at the snip and fold it to the bottom snip. You know you've positioned it correctly if the raw edges remain straight and don't kick out. Pin on the wrong side and finger press in place. (The pleat should be folded up on the wrong side.) Repeat with the pleat on the other side.
7. Fold the mask (RST) to double-check that both sides are the same length and that the pleats are in the same position. If not, adjust one pleat.
8. Repeat step #6 with the lining.
9. **Bottom seam:** Working from the wrong side of the lining, place a mark at 1" and another at 2.5" from the left side of the bottom seam. This allows plenty of room through which to turn the mask. Nest center seams at the bottom and stitch the bottom seam, backstitch at the beginning and at the end and on either side of the opening.
10. **Top Seam:** Nest the center seams at the top. Stitch the top (pointed) seam. Backstitch at the beginning and at the end. Clip the seam allowance in several places to release the curve.
11. **Ties and Loops:** Cut 1 length of twill tape, T-shirt knit, or ribbon (not slippery) about 45" long. This is enough for both ties and the loops. I used 1/2" twill tape, folded it in half and stitched along the edge. If your machine has an edge-joining foot, this would be a good time to use it to keep your stitching nice and straight.
12. With the tape still intact, fold one end of tape up 1-inch and tack it with the sewing machine just in the center to keep the ends even. Cut it from the length of tape and repeat to make the second loop. Cut the remaining tape in half for the 2 ties.
13. **Side seams:** Place the mask in front of you with the wrong side of the outside fabric facing up. First, make sure that the sides are even. If not, adjust the pleat on the underneath lining side of the mask. (Remember, you already made sure that the pleats were even on the right side.) Working with one side, insert the loop at the bottom. Make sure it is snug against the bottom seam. Let the raw edges of the loop peek out about 1/8" beyond the raw edges. Pin through both layers of the fabric snug against the loop to hold it in place.

Roll up the tie for the top and lay an end in snug against the top seam. (I like to have the seam that I sewed on the tape facing down.) Again, let about 1/8" of the tie peek out beyond the raw edges. Pin the tie snug against the top seam. Remove the pin that's in the pleat in the lining (underneath) and use it to pin that seam.

Begin stitching on a charger piece of fabric to keep your machine from jamming. Backstitch through the loop and continue stitching to the end of the side seam. Again, backstitch through the ties and off the mask.

14. Repeat Step 13 for the other side of the mask.

15. Turn mask right side out and press well. Make sure no extra fabric is tucked under at the seams.

16. Topstitch 1/8" from the edge around the mask.

17. **Install Toggle Lock:** I used a pipe wrench to hold a toggle lock open. Thread the ends of the tape through the loops at the bottom of the mask. Straighten them out. Cut the ends at an angle and stitch just the ends together with quilting thread. You're just going to take a few stitches. Thread the needle through the toggle lock. Pull the needle and twist the ties until they come through. While the toggle lock is still open, untwist the ties to make sure they're nice and straight. Remove the toggle lock from the wrench. Slide it up and knot the ends of the ties.



**Please Wear a Mask to Minimize the Risk of Spreading the Virus to Others**

