



President's Notes



"From you have I been absent in the spring,
When proud pied April dress'd in all his trim
Hath put a spirit of youth in everything...
Yet seem'd it winter still, and you away...."
Shakespeare, Sonnet 98

My azaleas are in bloom and so are many of the neighborhood trees. Such a beautiful time of year. But how we miss being able to enjoy it with our families and friends.

This too will pass and when we're able to gather again we'll celebrate. In the meantime, don't despair. Keep in touch with each other as best you can and work on those UFO's. I'm looking forward to seeing many completed projects in the future. Thanks to all who work tirelessly creating much needed face masks. I'm proud of how our guild has stepped up to meet this community service challenge.

Danita Frisby



IN THIS ISSUE

- | | |
|-----------------------------------|-----------------------------|
| 1 President's Notes | 5 Block of the Month |
| 1 Contacts | 5 Fabric Hoarder Signs |
| 1 Community Service Report | 5 Virtual Quilt Show |
| 2 Guild Business | 5 Thank You Note |
| 3 Fabric Marbling Workshop Update | 6 Face Masks Photos |
| 3 Membership Report | 8 FNP Article - Vinyl Masks |
| 3 Much Needed Funnies | 8 Valami Mask Pattern |
| 4 Quilts of Valor Reminder | 9 Show & Tell Photos |
| 4 Hospitality | 9 "I Will Seek Joy" |
| 4 Refreshments | 10 Quilt Maven Dave |
| 4 Birthdays | 11 Calendar of Events |
| 4 Community Service Quilt | 11 Hospice Thank You Letter |

2020 COMMUNITY SERVICE

Children of Incarcerated Parents Partnership (<https://www.coipp.org/>)

Quilt Goal: 40 quilts

Quilt Size: Baby, small child, or lap size quilt suitable for adult or teenager

Quilters Choice: color, design, fabric: cotton or flannel

Feeling stuck at home? Why not start your Community Services Committee's quilt(s) for Children of Incarcerated Parents?

Kay Rice and Marcia Walker

May 2020 Newsletter

Next Meeting: 2nd Thursday each Month
Thursday, June 11, 2020
Delaplaine Visual Arts Center

Meetings:

Second Thursday of the Month
(unless otherwise noted)
6:00 - 6:30 pm - Arrival, Social Time
6:30 - 8:30 pm Guild meeting
Delaplaine Visual Arts Center
40 South Carroll Street
Frederick, MD 21701

Contacts

President: Danita Frisby 240-818-3405
Vice-President: Joan Watkins 301-874-5095
Secretary: Nancy Speck 301-694-8121
Treasurer: Robin Rippeon 540-270-6210

Committee Chairs:

BOM: Kathy Shankle 301-710-5223
Challenge: Brenda Barnhardt 301-662-2943
Comm Service: Kay Rice 301-662-2104
Facebook Adm: Karen Smith 301-371-0293
Fundraising: Needs Chair
Holiday Banquet: Needs Chair
Hospitality: Barbara Scuderi 301-432-5291
Last Chance Stash: Mary Pauley 301-732-6462
Membership: Darlene Morris 301-363-5759
Month Drawing Basket: Danita Frisby 240-818-3405
Newsletter: Brenda Barnhardt 301-662-2943
Opp Quilt Constr.: Nancy Speck 301-694-8121
Opp Quilt Marketing: Needs Chair
Publicity: Marty Simmons 301-845-7046
Programs: Frances Shearer 630-730-3592
Refreshments: Linda Beavers 301-831-9821
Sunshine: Olga Schrichte 301-668-2221
Website: Fran Scher 240-361-8733
Sandra Dunning 978-806-7894





GUILD BUSINESS

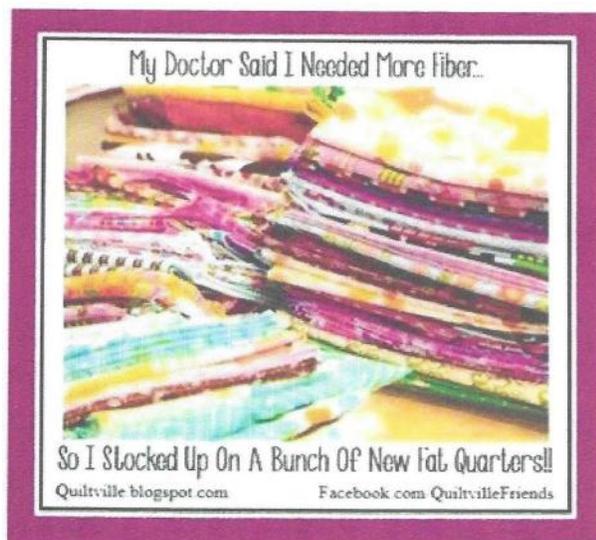
Once again the monthly guild meeting is canceled and we will hopefully meet in June. However, we do have some business to take care of. It's time to fill the offices of Vice President and Treasurer for a two year term. At this time we have a nominee for each office, Kathy Shankle for VP and Robin Rippeon for Treasurer. If there are any further nominations, please inform me before May 14, which would have been our meeting day. On that day I will post an email listing all candidates and we will hold a virtual election.

In other news: we had a request for 285 face masks from an area company, Shapiro & Duncan, whose employees are considered essential workers. Many guild members made and contributed masks, and we were able to fill the request. The company expressed appreciation and donated \$500.00 to the guild. I want to thank all members who have been working tirelessly to make masks not only for this request but for the countless requests we have gotten as a guild and as individuals. I believe we have provided a vital community service and should be proud of our accomplishment. Keep up the good work. Because of the donation from Shapiro & Duncan, if anyone has expenses associated with making masks that need to be reimbursed we have the funds to do so. Please submit requests to our treasurer, Robin Rippeon. We can continue to take requests for masks from both businesses and community service providers but we will ask for a donation from businesses so that we can help fund our charitable work.

By the way, if anyone needs fabric for masks, I still have a nice stash of fabric which was donated to the guild. Let me know and I can leave some for you on my front porch.

If you need a break from making masks, don't forget our other community service and fund raising projects. We are still making items for Children of Incarcerated Parents, blocks for Quilts of Valor, and items for the Christmas bazaar sale in December. Also there are beautiful blocks of the month to make and a quilt challenge featuring trees. Make sure to share your creations with us through our website and Facebook sites.

Danita Frisby





We are postponing the May 23rd Fabric Marbling Workshop, and will plan to reschedule when it's safe to do so.

Mary Pauley

MEMBERSHIP REPORT

We had two renewals for April. Please welcome our newest member Susan Gnatt. She moved to Frederick from Ellicott City, Md. Has been quilting off and on for 30 years. She is looking for friendship, inspiration and wants to improve her free motion skills. Please give her a big welcome when we all meet again. Welcome Susan.

32 East 3rd Street, Frederick MD 21701
Birthday: October 4
Email: susangnatt@gmail.com



We still have a lot of members who have not paid for 2020. Please send checks to Darlene Morris, 2304 Mt. Ephraim Road, Adamstown, MD 21710. We need these funds to pay for upcoming events and classes. Hopefully we will be meeting soon. Stay home and stay safe. God bless you.

Darlene Morris, Chair

MUCH NEEDED FUNNIES FROM THE INTERNET



I was so bored I called Jake from State Farm just to talk to someone. He asked me what I was wearing...

2019: Stay away from negative people. 2020: Stay away from positive people.

The world has turned upside down. Old folks are sneaking out of the house, and their kids are yelling at them to stay indoors!

You think it's bad now? In 20 years our country will be run by people homeschooled by day drinkers...

This virus has done what no woman had been able to do...cancel all sports, shut down all bars, and keep men at home!!!

Do not call the police on suspicious people in your neighborhood! Those are your neighbors without makeup and hair extensions!

Since we can't eat out, now's the perfect time to eat better, get fit, and stay healthy. We're quarantined! Who are we trying to impress? We have snacks, we have sweatpants – I say we use them!

Day 7 at home and the dog is looking at me like, "See? This is why I chew the furniture!"

Does anyone know if we can take showers yet or should we just keep washing our hands???

I never thought the comment "I wouldn't touch him/her with a 6 foot pole" would become a national policy, but here we are!

Me: Alexa what's the weather this weekend? Alexa: It doesn't matter – you're not going anywhere.

Can everyone please just follow the government instructions so we can knock out this coronavirus and be done?! I feel like a kindergartner who keeps losing more recess time because one or two kids can't follow directions.

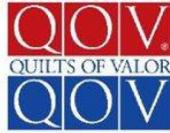
I swear my fridge just said "what the hell do you want now?"

When this is over...what meeting do I attend first...Weight Watchers or AA?

Quarantine has turned us into dogs. We roam the house all day looking for food. We are told "no" if we get too close to strangers. And we get really excited about car rides.



Quilts of Valor Block Drive



So far we have collected 57 blocks. I am sure there are more since we have been unable to meet. We will collect the blocks at our next meeting. Not sure when that will be. So just hold on to them for now. If you want to make more blocks, the pattern is in the March newsletter.

Barbara Scuderi

HOSPITALITY

The door prize for April was won by Nancy Pedersen - An issue of Quilt Folk along with a \$30 gift certificate to Quilt Folk. Congrats!

Barbara Scuderi

REFRESHMENTS - AND NOTES FROM LINDA

May 7th is the guild's 19th birthday. I think we all should have cake and ice cream at our homes that night to celebrate the guild's birthday. HAPPY BIRTHDAY CSQG!



I want to give a big hooray to everyone who has been making masking for their families, friends, guild's requests, and others throughout the community. This has been a big task for all of us. Thank you everyone.

- 1 Helen Hoskelis
- 9 Olga Schrichte
- 10 Danita Frisby
- 17 Stella Penalver

Hope you have been well during this crisis.

Linda Beavers

Children of Incarcerated Parents Idea

This is 39" x 49". A very easy pattern for a donation quilt and easily expanded to any size. If anyone is interested in the pattern contact me and I'll send you a copy.

Danita Frisby





BLOCK OF THE MONTH - MAY

This month we will be constructing the Remembrance block. You will find it here <https://www.aquiltinglife.com/2019/10/best-quilts-sampler-block.html/>. Take your time with this one! If you need help please don't hesitate to contact me. Enjoy, Kathy Shankle

Shown, Danita Frisby's block:



ALL SEWN UP

10 SIGNS YOU'RE A FABRIC HOARDER

1. Your house is now a fabric storage closet.
2. You could sew something every day for a year with your fabric stash and still have enough to cover the Empire State Building.
3. You have fabric that's older than your kids or grandkids.
4. You find yourself putting your fabric purchases in grocery sacks rather than the tell-tale fabric store bag.
5. Looking at your fabric stash relaxes you more than yoga.
6. You've been featured on an episode of Hoarders and you're not embarrassed.
7. Number One on your speed dial is your local fabric store.
8. When making travel arrangements you first check what fabric stores are in town.
9. You'd rather buy fabric than chocolate.
10. You really believe that the person with the most fabric wins.



Submitted by Linda McNey

AMERICAN PATCHWORK & quilting

Dear AllPeopleQuilt Member: We're always searching for special offers to benefit AllPeopleQuilt members. Here's an offer from one of our partners that we thought might interest you.



Featuring all the components of a traditional quilt show held completely online

Submitted by Barbara Scuderi

Learn

Take classes from your favorite educators in the comfort of your home.

View

During the show, view phenomenal works of art and vote for Viewer's Choice.

Shop

Shop your favorite vendors and participate in live, interactive demonstrations.

Be a Vendor

Reach out to customers around the world with a vendor booth or VQS sponsorship.

VirtualQuiltShow.com

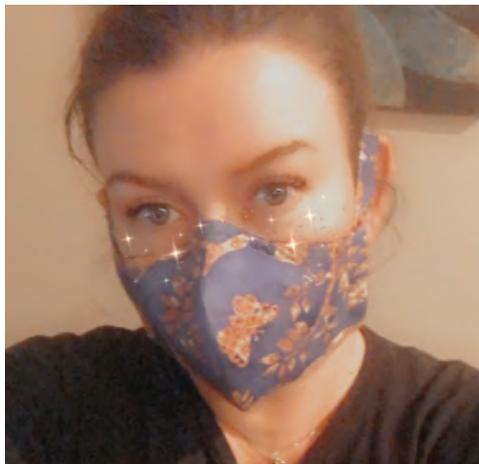


Danita Frisby collected face masks made by our members for John Wildasin of Shapiro & Duncan, Inc. in recent weeks. He requested 285 masks for his company's workers who do essential construction work at area hospitals, government facilities and commercial locations. We met our goal and want to thank him and his company for generously donating \$500 to the guild.



THE COMMON THREAD

Speaking of face masks, our quilters have been busy making face masks for Frederick Health Hospital (FHH), Meritus Medical Center, Hospice, Homewood and many other health care providers, family and friends. Here are some examples: First, Danita Frisby's grandchildren Oliver and Elias. Middle, our newest member, Susan Gnatt, models one of her bicycle themed masks. At right, Marie Cochran posted a selfie on Facebook using a comic print.



Above, Dot White shows her batik fabric masks, oldest starry eyed-daughter modeling one, and her son and granddaughter. How cute is she?!

At right, Nancy Speck has been busy making masks for Homewood residents where she lives.

She's modeling one of her colorful print masks and pastel masks she's donated. She's currently making hospital gowns for FHH from precut kits they made up.



Continued on Page 7



Kay Rice wanted to show off her CSQG t-shirt she put on to inspire her while making masks. Brittany, a nurse at FHH, sent a photo of her wearing one of our masks, and at right, more masks made by Olga Schrichte.

From Fran Scher: "When the CDC changed their guidance last month to allow bandanas as face coverings for healthcare workers, it just seemed that

our talented guild members could do better than that! We reached out to Frederick Health Hospital and they were thrilled at the idea of getting cloth facemasks for their staff to wear over their precious N95 masks. This started the ball rolling and we haven't looked back! Since then many members have pitched in, from Olga making sample masks, writing instructions, and collecting and delivering masks; Sandy, for testing mask designs and delivering masks; Danita for offering a central point for exchanges of elastic and masks; those who donated fabric and elastic; and, of course, all of you who made (and are making) masks. We set a goal of 500 masks and passed that. From my rough count based on emails, I think we are well over a 1,000 now! Our efforts were highlighted in a Frederick News Post article and have generated interest from other healthcare and private organizations. We have made and contributed masks to FHH, Meritus Health, St. Agnus Hospital, NYU Medical Center, Homewood, Buckingham's Choice, hospice, etc. and even to private companies who made contributions to the guild. Now that everyone must wear face masks in public and retail areas, demand for masks by the public is growing and many of you are making masks for family and friends. Its hard to tell what the future will bring and whether our fabric stashes will hold out (who am I kidding?), but please continue to do what you can for yourself and the community. I hope you feel as much pride as I do for our joint efforts.

Stay safe."



Above are some of Robin Rippeon's masks in nautical, floral and sports prints she made for Shapiro and Duncan. At bottom, a variety of masks Brenda Barnhardt made for friends and neighbors - and yes, you see some Laurel Burch prints on the left.

More on Page 8





Finally, there was an article in the Frederick NewsPost printed April 23, 2020 featuring masks and information on our devoted member, Nancy Pedersen. Below is an excerpt from Page A3:

Language barriers persist during virus

Masks pose problem for some in deaf community

By HEATHER MONGILIO



Nancy Pedersen is a former nurse and member of the hearing community. She had a near-death experience recently and because of it, she is trying to give back.

So she has been creating masks that use vinyl so that people can see lips.

She started creating the masks after an interpreter at Frederick Health Hospital told her that it was difficult since those who cannot hear rely on lips to read both words and emotions. Solid masks prevented that access.

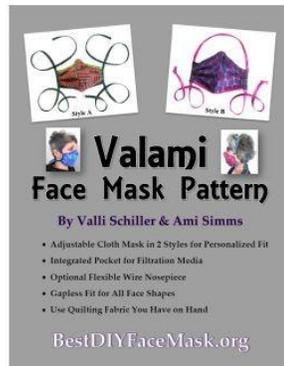
It is hard enough to have a barrier due to language, Pedersen said, without having an additional obstacle from the lack of being able to read emotions.

She's donated masks to interpreters at Frederick Health Hospital and Meritus Medical Center. She's also sent them to a birthing center in New Hampshire and the Military Funeral Honors Team.

She does not sell the masks. She donates them as her way to pay it forward, she said. She is here despite her near-death experience and she has the ability to make the masks. So she uses her talents to help.

The Valami: A Better Fitting Face Mask

Olga's favorite pattern - more coverage ---->



Valli Schiller and I have created a better fitting face mask, and it's called The **Valami**. It sounds more like a sub sandwich, but it makes more sense when you know that the "VAL" comes from Valli and the "AMI" comes from (wait for it...) Ami. So, Valami. I suppose it could have been The Amlli, or The Avalli, but those just don't roll off the tongue. **Valami**. It rhymes with salami, which is probably why you were thinking sub sandwich in the first place. The name may not be inspired, but the mask certainly is.

We wanted a mask that was adjustable, fit a variety of different faces without gaps, and had a pocket for filtration media. We also wanted different ways to tie it on your head, so in addition to the 4-string model, there is a "headband" style too, which I am modeling here. (Thank you, Marsha McCloskey for that idea!) We

have found that the headband style is especially accommodating for sewers who don't want to sew fabric ties. They are substituting all sorts of things (T-shirt strips, paracord, boot laces, elastic, braided linguini) to keep from having to sew ties. OK, I made up that last one, but never underestimate the creative abilities of our fellow quilters. (And I'm going to show you how to sew those ties in just a minute so you can save your linguine for a nice meat sauce. Just hang with me a little while longer.)



The **Valami** has an optional wire nosepiece to minimize the gaps around your nose. That prevents glasses from fogging up. Our mask also fits over an N95 respirator. Keeping them covered may help to extend their lifespan. The **Valami** is also yawn proof. Your nose won't pop out if you yawn. (That is SO embarrassing.) Plus, the gently curving mask top keeps it from creeping up to your lower eyelids and is still easy to sew. If you were wondering if you can wear a **Valami** mask and stick out your tongue without anyone being the wiser, the answer is YES! (Look very carefully at my picture. That's why I'm smiling.) Facial recognition on your phone won't work while wearing a **Valami**, so make sure you know your

passcode before you suit up and go out into the world.



In between making face masks, it's a good opportunity to work on other quilting projects. Here's our virtual Show & Tell... Barbara Scuderi sent in "I finished my Sunday's Best quilt - just the top!" Darlene Morris reports "Here is a Spring Quilt I'm working on. Still need to iron on the flower appliques." And finally, Robin Rippeon is proud that she finally finished the applique block from the Hawaiian Applique workshop taught by Grace Thorne at our August 2018 meeting. "One less UFO to complete now. I was going to bring it to the April meeting but... now no May meeting...maybe June."



At left, is a final Show & Tell: Dot White made a scrappy jelly roll lap quilt.



TODAY I WILL:
 FIND A REASON TO LAUGH.
 DO SOMETHING THAT MAKES ME SMILE.
 LOOK FOR BEAUTY IN MY CIRCUMSTANCES.
 DO SOMETHING TO MAKE SOMEONE ELSE SMILE.
 BE GRATEFUL FOR THE GOOD THINGS IN MY LIFE.
 HAVE FAITH IN WHAT THE FUTURE HOLDS.
 REST. BREATHE. HOPE.

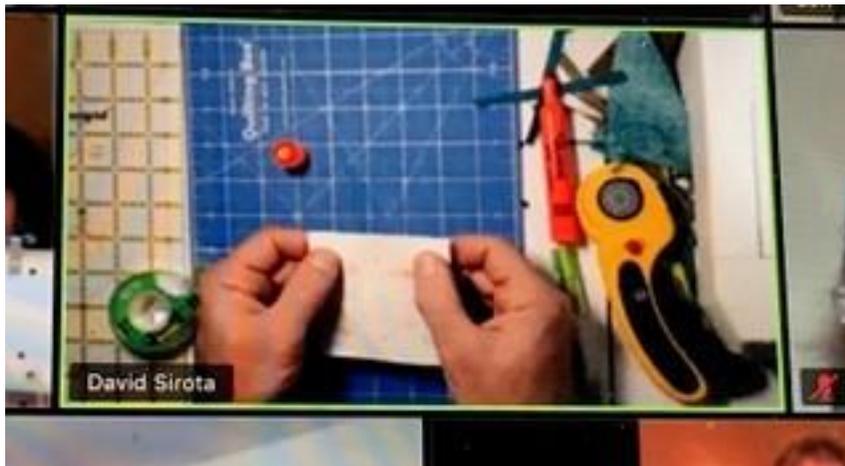
IT WON'T BE PERFECT.
 I WON'T ENJOY EVERY MOMENT.
 I WILL LIKELY LOSE MY PATIENCE.
 I MIGHT CRY.

BUT TODAY I WILL SEEK JOY.

© A BEAUTIFULLY BURDENED LIFE



Sandy Dunning is excited with an internet course she's taking from Dave, the quilt maven, while in quarantine, "Sirota No More Tears Paper Piecing Method."



Sandy says, "I just had the most fun this afternoon while being sheltered at home! I signed up for a live stream quilting class with David Sirota. (www.quiltmavendave.com) I have taken two of his classes at quilt shows – one at Hampton and the last one at Lancaster. Both of his classes were so much fun and I learned a lot. He teaches paper piecing in a nontraditional manner. He created his method, which he calls "No More Tears Paper Piecing" out of frustration while using the traditional paper piecing method that he was taught.

Out of necessity and creativity, Dave recently decided to bring his classes online, real time through ZOOM. Today was his second class and I loved it! First of all, I was in the comfort and convenience of my own home. Second, I felt like I was in a live classroom watching his demonstrations – which I could see ever so much better than when I was one of a group gathered around the front of the classroom trying to get a peek of the sewing machine and the demonstration. And because I could see all of my fellow classmates in our little boxes on Zoom, we were all able to benefit from the suggestions and conversations that occurred in real time.

The cost is very reasonable at \$35. All of the instructions are sent to participants prior to the class. As we were talking today during the class, I asked him if he would ever consider creating a class around a particular paper pieced pattern specific to a guild. He was interested and would be willing to discuss a class developed specifically for the needs of our guild.

I can highly recommend this fun way of participating in a class, in the comfort of your own home, and at a very reasonable price. Two or three quilters might even want to meet at one house and all participate in the same class while being together to help each other out. We may want to consider signing up for the same class so that we would all be in the same virtual classroom. His beginning and easiest class is Storm at Sea, but it is not necessary to take any of them in a particular order.

If you are interested in taking one of his classes as a group, look at his site and see if there is a class you might be interested in and one that a few of us could sign up together for. **The online classes are listed under EVENTS, not classes.** You can text or email me, Sandy. If I get enough interest I will contact you. If not, you might want to consider taking one "solo" while we are sheltered at home.

It seems that everyone is getting creative and looking for new ways to meet current needs. I, for one, appreciate this method of online learning.

You may find him on Facebook or at his website: www.quiltmavendave.com."



2020 CALENDAR OF EVENTS

May	14	CSQG Meeting - Lenny Truitt: "The History of Feedsacks" - Cancelled COVID-19	
May	29-31	Quilter's Unlimited Quilt Show - Cancelled COVID-19	www.quiltersunlimited.org/quiltshow
June	4	CSQG Board of Directors Meeting @ Linton Shafer Warfield & Garrett Offices @ 7pm	
June	11	CSQG Meeting - Clara Daniels: "Precut Passion"	
June-Sept.	TBD	Row by Row Experience Shop Hop	www.rowbyrowexperience.com
July	9	CSQG Meeting - Sit & Sew	
July	10-12	Mid-Appalachian Quilters Seminar @ Gettysburg College	www.maqonline.org
August	5-7	AQS Lancaster Quilt Show at The Nook - New	www.quiltweek.com
August	13	CSQG Meeting - Community Service Sit & Sew	
September	5-Feb	AQS Spring Quilt Show @ Paducah, Ky - Moved from April.	www.americanquilter.com
September	3	CSQG Board of Directors Meeting @ Linton Shafer Warfield & Garrett Offices @ 7pm	
September	10	CSQG Meeting - Barbara Cline: "Where, When, Why, and How of Quilting"	www.delightfulpiecing.com
September	11	Workshop with Barbara Cline: "Star Tricks"	www.delightfulpiecing.com
September	17-20	Pennsylvania National Quilt Extravaganza @ Oaks, PA	http://www.quiltfest.com/upcoming-shows-and-events/pennsylvania-national-quilt-extravaganza/
September	18-26	Great Frederick Fair	www.thegreatfrederickfair.com
October	8	CSQG Meeting - Guild Challenge Awards and Community Service Presentation	
October	8-12	Quilters' Quest Shop Hop	www.quiltersquest.org
November	12	CSQG Meeting - Karen Fricke "Beads, Buckles and Buttons"	www.karenfrickequilts.com
December	5-27	Delaplaine Center Clustered Spires Quilt Guild Quilt Exhibit	
December	10	Guild Holiday Banquet	

For more information, go to www.clusteredspiresquiltguild.org/programs

Updated 4/25/2020



Thank you for your kind donation of cloth face masks, bouffants, cover-up jackets & shower caps that will greatly help our staff as they continue to provide care and support to our patients and their families. We are truly blessed to have your continued support during this pandemic.

With warm gratitude,
The Hospice Team



The Common Thread is published monthly by the Clustered Spires Quilt Guild of Frederick, MD. Subscription to the newsletter is included in the annual membership fee. Articles must be submitted to the newsletter editor by the 25th of each month by postal mail, e-mail or written message given at the quilt guild meeting. The newsletter is posted on the guild's website on the 1st of the month.

Newsletter Editor: Brenda Barnhardt, 301-662-2943, brenz2catz@gmail.com
Show & Tell Contributor: Linda McNey
Website: www.clusteredspiresquiltguild.org

